



# Northwood Area Women's Club

A Multinational Organization for Women

*Helping One Another*

## January 2010 Newsletter

### President's Message

The snow has melted and the temperatures are rising so it's time for everyone to come out of hibernation and join us at our many exciting events. We have a lot planned over the next few months to both entertain and educate you.

We are now half way through our year so our fees for new members are now only £15.00 for the remainder of the year. If you have a friend or colleague who likes a bargain, be sure to invite them to our next meeting so they can hear for themselves what the club has to offer.

At this point of the year, we are starting to look forward to 2010/11 and the handing over of the leadership of the club to a new board. Inevitably, owing to circumstances some board members are unable to continue in their current roles and we will be looking to invite members to join the new board. The success of the club rests on good leadership and it is vital we have enough support to fill the board roles to ensure the club continues to evolve and thrive. Experience is definitely not needed, enthusiasm is helpful but a willingness to give a couple of hours a month is essential. The whole board works as a team to support and help each other so there is no need to be daunted about making a commitment. It is great fun and it will help you form and develop lots of friendships. Even if you feel unable to commit to joining the board, some behind the scenes help is just as valuable. Please think about it and if you are tempted to give it a try please contact me for more information. The list of positions are shown on our web site under the bylaws.

I look forward to seeing everyone at our next general meeting on 4<sup>th</sup> February.

Christine Tyler  
President

# **General Meeting: Thursday February 4<sup>th</sup>, 2010**

## **UK's Inland Waterways**



Join us for an informational discussion about UK's Inland Waterways. Robin Bishop from the Inland Waterways Association will speak to us about our local canals, their history and uses, as well as the locks and houses.

**Thursday, February 4, 2010**  
**9:30 am – 12:00 pm**  
**St. John's Church Hall**  
**6 Hallowell Road**  
**Northwood, Middlesex**  
**HA6 1DN**

**Hospitality:** Providing members to be notified by our hospitality chairman, Sally Coop

## **Upcoming Meetings**

March 4<sup>th</sup>, 2009 – Anthony Smith on Bee Keeping & the fruits of their labors, Honey!  
April 1<sup>st</sup>, 2009 – Corn Dollies with Pat Gridale  
May 6<sup>th</sup>, 2009 – Annual business meeting, vote on 2010-2011 board & charity  
June 3<sup>rd</sup>, 2009 – End of year Social Luncheon

## Out and About

### Climb the Clock Tower (Big Ben)

Thursday 25<sup>th</sup> February 2010 at 09:30am

Coordinator – Jennifer Williams

Climb the Clock Tower of Westminster & see Big Ben.

Cost £5.00, due at the general meeting in February along with required personal information.

*Everyone going on the tour will be required to provide their full name, UK residential address, date of birth, and place of birth for a police check prior to the tour. Please note that this information will be supplied to the Police to enable them to ensure security of the Tower is maintained at all times. Failure to supply this information will result in the person/group being refused access.*

The Clock Tower is the name of the famous tower of Parliament - more popularly known as Big Ben. Please be advised that this is only available to members who have not been on this tour with the NAWC before.

#### **The tour**

The tour will begin at 9.30am on Thursday, February 25, 2010 with a max number of 16 people allowed. We will be meeting at 0915 (9:15am) in the foyer of Portcullis House, **fifteen minutes** before the tour begins. Unfortunately, late comers will not be able to join the tour, therefore it is essential that visitors are prompt. A tour takes about 75 minutes and visitors should feel confident in their health and fitness - please read the health and safety information before booking a tour.

Visitors to the Clock Tower will be shown up by a guide, who will outline the history of the tower, the bell and how the most accurate public clock in the world works.

For further information, please visit - <http://www.parliament.uk/visiting/visitingandtours/bigben.cfm>

### Stoke-on-Trent – The Potteries

Tuesday 9<sup>th</sup> March 2010 at 07:00am

Coordinator – Jennifer Williams

Visit the potteries & add to your collection(s)!

The fee is £22 per person, due upon sign-up.

*(NOTE: Any funds collected that exceed coach fee with gratuity, will be refunded at the April general meeting.)*

The coach will pick-up and drop-off from Northwood's Green Lane Car Park. Itinerary is still being finalized; we will try to honor any requests for specific potteries. This is a day trip, lasting 12-hours.

*In order to make this trip worthwhile, we need a minimum head count of 20 people (maximum of 40)!*

For further information, please visit - <http://www.visitstoke.co.uk/>

### An Evening of Unique Entertainment at the Magic Circle - the house of a thousand secrets

Tuesday 8<sup>th</sup> June 2010 at 1930

Coordinator – Sally Coop

Following the success of our magical January General Meeting we have decided to organise an evening outing to the Magic Circle, Euston. This event is open to all members and their partners. We have reserved 30 tickets for Tuesday 8 June at 1930. The tickets cost £35 each which includes a welcome drink, approximately 3 hours of entertainment and a light supper. The signup sheet will be available at the February meeting. So don't be disappointed, please sign up and pay early.

## **Chelsea Physic Garden**

More details to follow, as we get closer to the date.

**29<sup>th</sup> June 2010**

# **Fundraising for Our Charity, The Peace Hospice**

Jacquie Davies

Fundraising is going well. Thank You to everyone for buying raffle tickets and supporting the outings! We would like to extend gracious ***thank yous*** to the raffle prize donors for general meetings.

Upcoming Peace Hospice Events (<http://www.peacehospice.co.uk/event.asp>)

## **Messages from the Board**

### **The 2009/2010 Board Members**

President	Christine Tyler
Vice President/Publicity	Cindy Tornes
Secretary	Julie Sheldon
Treasurer	Christina Hung
Membership/Welcoming	Helena Doey
Hospitality	Sally Coop
Fundraising	Jacquie Davies
Interest Groups/Newsletter/Website	Jennifer Williams

The board can be contacted via the following:

**E-mail:** [info@northwoodareawomensclub.co.uk](mailto:info@northwoodareawomensclub.co.uk)

**Mailing Address:** NAWC  
P.O. Box 46  
Northwood, Middlesex  
HA6 1XN

**Website Address:** <http://www.northwoodareawomensclub.co.uk>

## **Membership**

Helena Doey

For new members just joining us, the membership fee for the remainder of this season is £15, payable at the General meeting on Thursday, 4 February or by post. Cheques can be made payable to NAWC and sent to:

NAWC  
PO Box 46  
Northwood  
HA6 1XN

# Interest Groups

Jennifer Williams

The Interest Groups give our members the chance to meet on a regular basis to pursue interests covering a wide variety. Want to join and share the fun? Please contact the leaders and start now – we will be pleased to see you.

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## **Art Appreciation** **Julie Shelton**

Please see the website for the full programme for 2010.

Tuesday 23<sup>rd</sup> February at 11.00am

*St Lawrence's Church, Little Stanmore - a beautiful little gem*      *Cost £4.00*

A guided visit to this unique Continental Baroque style Church, decorated with paintings attributed to Louis Laguerre and Antonio Bellucci with wonderful original wood work by Grinling Gibbons. George Fredric Handel was employed as the composer in residence in 1717. An original medieval stone built tower (c. 1360) still exists.

*Contact: Christine Tyler*

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## **Book Club**

**Alicia Slook** (2<sup>nd</sup> Wednesday Daytime Session Leader)

## **Evening Book Club**

**Melissa Fabio** (4<sup>th</sup> Wednesday Evening Session Leader)

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## **Bunco**

**Margaret Daniels**

It's that time of year for our annual couples' bunco! It's the only time of the year that our 'other halves' are allowed!

Eve Duguay has kindly offered to host it on **Saturday night, February 27th at 7:45 for an 8:00pm start.**

It's £5 for each person to play and each person needs to bring a themed gift worth £10 (unwrapped in a brown paper bag). The theme will be *'Things we do for love'*.

Everyone goes home with a gift, and some lucky ones will win some money, all while raising money for the Peace Hospice! It's a easy dice game to play and a great way to meet people. There are only 12 places available. Email me by Wednesday, February 10th if you and your partner would like to come.

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## **International Cooking for Couples**

**Vanessa Harker**

Email me to sign up for a date!

### **Dinner Party Dates**

6 & 13 March

8 & 15 May

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## **Knitting**

### **Mary Vaughan**

The knitting group meetings have been moved, by popular choice, to the third Thursday of each month with the time remaining at 7.30pm. The next meeting will be on at Thursday February 18<sup>th</sup> Emily Trim's house. Refreshments will be provided. Her details can be found in the NAWC directory (as mine are.) We are happy for new members to join us whether experienced knitters or beginners. At present everyone is working on their own piece of knitting but I would be happy to organise a project if that was wanted. Please let Emily or me know if you will be attending the next meeting. Here's to a happy new year of clicking needles, not to mention tongues!

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## **Ladies Who Lunch**

### **Carol Prager**

Now for something compete different! Acquire some strength for Valentine's Day, Half Term, and the remainder of winter! Come and eat on **Wednesday the 10th of February at 12:30.**

**B & K Salt Beef Bar in Northwood Hills** is a Jewish-style restaurant run by Greeks. That means the portions are big and the welcome is warm.

Salt Beef is an English version of American pastrami. It is moist and tender and delicious. This restaurant serves it in traditional sandwiches on rye bread, or on platters as a main meal. They also offer variations on chicken soup (with noodles, with dumplings, with meat ravioli, with barley), a delicious grated potato patty, etc, etc.

For those of you without a taste for meat, there is smoked salmon, herring, chopped fish, fried fish, plain and mushroom omelettes, and a big selection of salads and vegetables.

The salads are around £3 as are the soups; the vegetarian omelettes are around £5; the sandwiches are around £6; the fried fish is around £7; the meat as entrees are around £10.

Desserts are also warm and filling. Apple strudel is around £3 as is the traditional noodle pudding. There are also fruit salads and ice cream.

The restaurant is on the roundabout on the main A404 road at Northwood Hills. Parking is easy. Coming from Northwood, just go beyond the roundabout toward Pinner and park as soon as the yellow lines disappear. Coming from Pinner, you can park on that side of the A404 just before the yellow lines come up by the roundabout. It is a few seconds walk to Joel Street. The restaurant is a few shops around the corner from the laundrette. It is small but pleasant inside.

Please let me know if you want to come, as I have to let them know how many we will be. See you soon!

B & K Salt Beef Bar  
8 Joel Street, The Broadway  
Northwood Hills HA6 1PF  
Tel: 01923 823 341

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## **Quilting & Stitching**

### **Bernadette Hynes**

Our next meeting will be at my house on Friday 5th Feb at 10.00am

Everyone is welcome to bring along any project they are working on whether it's quilting, sewing, cross stitch, knitting or if they would like to start and need some ideas.

Hope you will be able to make it.

Please email or phone me to let me know if you can come along.

We have decided this year for everyone to bring their own lunch a sandwich or whatever you would like!

The hostess will supply coffee and drinks.

Look forward to seeing you

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## **Screen & Stage**

### **Seeking Coordinator**

#### Tuesday 16 February

'Bright Stars' at the Odeon, Uxbridge. Drama/Romance. Directed by Jane Campion (Australian) of 'Piano' fame. Romance of John Keating with Fanny Brawn. Tickets are £5 which also includes tea and biscuits. The movie starts at 11am. It is suggested that anyone wishing to attend be at the cinema by 10.30am to purchase your ticket.

#### Tuesday 20<sup>th</sup> April at 12.30pm

*Backstage tour Of The Royal Opera house 1 1/2 hours* *Cost £9.00*

An opportunity to see an exciting overview of this stunning building, historic front of house and the elegant Paul Hamlyn Hall. You also will gain an insight into the colourful history of the theatre, the state of the art technology and aspects of current opera and ballet productions.

*Contact: Christine Tyler*

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## **Walkers & Ramblers**

### **Sally Coop**

For all our walks we try to fit into school hours. The walk is usually about 2 hours before we reach our destination at lunch time. You then have the option to join us for lunch or if you have to rush off, that is fine also.

#### Thursday 28th January

A walking tour of Mayfair with our in house guide, Carol Prager. Keep the date free for a guaranteed, information packed treat.

#### Thursday 11th February

This walk will depart from Northwood Station at 0945. Our destination will be decided closer to the date and all members will be notified by email. It is weather dependent on how damp it is underfoot. It will be a one way walk so please bring your oyster cards as we will be using public transport to return (and possibly a bus to reach our start point). There will be a pub stop at the end for lunch as usual.

#### Thursday 25th February

Climbing Big Ben. Please see outings. Places still available. Sign up and payment due at the February GM.

For further information contact Sally Coop

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## Announcements

### **Sale of goods and advertising in the Newsletter**

Members wishing to offer second-hand items for sale may place an advertisement in the Newsletter. A donation of £2.50 to our charity is invited for this service.

Members wishing to sell new items at general meetings should apply to the Board, submit a sample and donate 10% of any sales to our charity. Items could also be offered as raffle prizes and the donor acknowledged in the Newsletter.

### **For Sale: (Available to take 18<sup>th</sup> February, negotiable, but come take a look anytime!)**

1. 28 inch Hitachi Traditional TV and Technika DVD Player with connectors, 2 years old. Paid £240 at that time. Asking £ 100 for all or make offer. Available 18<sup>th</sup> February.

Remaining items I am asking for a £5-10 donation to our club charity, The Peace Hospice. Each of them are approximately 1 year old except the iron and telephone are 2 years old, all in excellent condition.

2. Cookworks 12 cup, black, automatic coffee maker
3. Tesco white 2 slice toaster
4. Tesco 1.7 L white water kettle
5. Black & Decker ACC/AIM steam iron
6. Onetel digital cordless telephone with answering machine and 2 additional handsets.

Cindy Tornes

### **WANTED – OLD GREETING CARDS**

#### **Christmas Cards – A great opportunity to recycle.**

**Carol Lawton** will be pleased to receive any old Christmas cards for use by Libury Hall. This is a residential home for people with mental problems. The cards are recycled to make new cards and sold. All funds raised are used for outings for the residents. Please keep the cards in tact with the backs attached as they can then be sealed to make a nice firm picture before they are attached to new card.

All greetings and birthday cards are also welcome, especially male birthday cards. These are used to make cards for the residents the majority of whom are male.

Mary Vaughan would also be pleased to receive old birthday and greetings cards for use by Michael Sobell House. These cards are re made into new greeting cards and sold in their charity shops. Michael Sobell house is a specialist palliative care unit. Aiming to ensure that all patients who are facing a life threatening disease receive the best possible care to enhance their quality of life.

### **Canadian Women's Club of London (CWC)**

**The CWC has organized a coffee morning event to be held Friday February 5th, 10:00 to 12:00, in the Gold Room at Canada House , Trafalgar Square.**

**The guest speaker will be Marcia Kilgore**, a creative entrepreneur who has launched amazing health and beauty products. Marcia Kilgore is the founder of Bliss spas, the Soap & Glory range and the revolutionary leg-toning Fitflop. She is a young woman from a small town in **Saskatchewan who has** become very successful and is now described as the new Estee Lauder. She turned a chunky orthopaedic flip-flop into one the hottest fashion statements - worn by Julianne Moore and Oprah Winfrey, Hilary Swank and Heidi Klum.

She will be interviewed by fashion personality **Bronwyn Cosgrave**, who has appeared in the Financial Times, The Times, Guardian, the Telegraph, editor at British Vogue and writer.

This should be a fun and inspiring event. Please join us.

Doors open 9:30 am for a 10:00 am sharp start (ends approx. at 12:00pm)

Venue: Gold Room, Canada House, Trafalgar Square (Charing Cross tube). Cost: £15 CWC members, £18 guests

The price includes refreshments and a chance to win door prizes!

RSVP: Secure your place by mailing a cheque payable to the CWC by Friday 29th January. Please note we are opening this event to ALL - so please invite a friend - and RSVP soon!

CWC Office Manager

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Blog: <http://canadianwomensclublondon.blogspot.com>

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*Newsletter Editor:* Jennifer Williams [info@northwoodareawomensclub.co.uk](mailto:info@northwoodareawomensclub.co.uk)

**CALENDAR FOR THE MONTH OF: February 2010**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4 General Meeting Inland Waterways 9:30 am St. John's Hall	5 Quilting & Stitching 10:00 am	6
7	8	9	10 Book Club – daytime 09:30 am  12:30pm Ladies Who Lunch	11 09:45 - Walkers & Ramblers	12	13
14 	15	16 Screen & Stage "Bright Stars" 10:30am Odeon	17	18 19:30 - Knitting	19	20 23:59 – Newsletter submission deadline
21	22	23 11:00 – Art Appreciation	24	25 09:15 Climb the Clock Tower	26	27 19:45 – Bunco Things We Dp For Love
28	1	2	3	4	5	6

				General Meeting Bee Keeping 9:30 am St. John's Hall		International Cooking
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